Single's Latin

Summer 2008: Wednesday 7:00 – 7:55

Merengue: (also done to salsa beat)

- release (4 beats)
- elbow circle
- release
- 4-count swivels
- 8 in place
- 8 lady's outside turn/right/clockwise
- 8 man's outside turn/left/counter clockwise
- 8 lady's inside turn/right/counter clockwise
- 8 man's inside turn/left/clockwise
- 8 in place
- both turn
- chasse to next partner
- introduced pretzel and cuddle

Cha Cha:

Combo/Amalgamation:

- 2 basics
- inside under-arm turn
- 2 basics
- 5th position/cumbias breaks

Chad Lakridis
480-614-5241
www.dancewithchad.com
www.danceislifelifeisdance.com – radio show

Single's Latin

Summer 2008: Wednesday 7:00 – 7:55

Salsa:

Shines:

- Basic closed/open
- Breaks side, forward and back
- 5th position/cumbia (angle body, cross back)
- side, side, tap
- foot back, side, side, tap
- 2 o'clock turn
 - o back right, forward left, right forward to 2 o'clock position, left forward in front of right, pivot turn on toes, swing left foot back, right back for start of basic.

Combo/Amalgamation:

- 2 basics
- cross body lead (CBL) with rocks
- 2 basics
- CBL
- 2 basics
- girls 2 o'clock turn
- 2 basics with 2 hand hold
- CBL with inside turn, man's right hook
- 2 basics
- 2 o'clock turn with man's right hand and loop over man's head
- CBL with inside turn
- 2 basics
- repeat

Chad Lakridis
480-614-5241
www.dancewithchad.com
www.danceislifelifeisdance.com – radio show